



CLOTHING | TRAINING | MENTORING

March

2019

Resources of Hope is a 501(c)(3) non-profit organization dedicated to providing resources to meet the physical and emotional needs of foster youth living in Johnson and surrounding counties.

In this Issue:

Our Board of DirectorsPage 2
Upcoming EventsPage 2
Volunteering Opportunities.....Page 3
Corporate Sponsors.....Page 3
Resource Hub.....Page 4
Foster Family Care CornerPage 4

It's been an exciting few months here at [Resources of Hope Inc!](#) In October, we had an opportunity to move out of our garage and into our current building. Within a short amount of time, we quickly outgrew that space! At the beginning of February, with the help of volunteers and our Board of Directors, we again moved - this time across the hall - into a much larger area. We now have ample room for the clothing closet as well as a room specifically designated for our training classes. It's quite exciting, and this growth wouldn't have been possible without our board members, volunteers and community support. A heartfelt Thank You to everyone that has helped and prayed for us.



Board of Directors

Executive Director: [Heidi Murray](#)
President: [Summer Huber](#)
Vice President: Matthew Kresse
Secretary: Ashley Smith
Treasurer: Sue Glover
Members at Large: Brian Brewer
 Shawna Brooks
 Wayne Feest
 Laurel Goeringer
 Ruthie Leeth
 Bryan Murray
 Quinn Schantz
 Lara Singleton

* Member Spotlight coming next issue. *



Upcoming Events:

March 2nd: [Volunteer Orientation](#)
 10:00 AM – 11:30 AM
 Resources of Hope, Inc.
 410 U.S. 31, Whiteland, IN

March 9th: Stewards of Children
[Child Sexual Abuse Prevention Training](#)
 9:30 AM – 1:30 PM
 Keller Williams Indy Metro South
 1644 Fry Rd Suite A
 Greenwood, IN 46142



April 29th: CPR Certification
 6:00 PM - 8:00 PM
 Resources of Hope Inc.
 410 U.S. 31, Whiteland, IN



April 27th: [Rock the Block](#)
 Center Grove High School
 2717 S Morgantown Rd
 Greenwood, IN 46143



Shout out to [Greenwood Public Library](#) for Hosting Dobby Sock Drive in the month of January. They collected over 160 pairs of socks. That's a lot of warm feet for our foster friends! Thank you so much for all your donations!

Thank You!

ROH relies 100% on volunteers. Volunteers play a vital role as part of the ROH team. It is because of volunteers that ROH is able to provide resources to foster families. We have a variety of service opportunities: **Clothing Closet Volunteers, Special Events, Fundraising, Grant Writing, Teen Connections Volunteers, and more.** If you are interested in learning more about volunteering, visit our website at www.resourcesofhope.org. ROH is incredibly appreciative to any donation that we receive. Your donation makes it possible to provide resources to meet the physical and emotional needs of foster children.

These are just some of the ways you can give:

Gently used clothing, **New Toddler Undies 4T/5T**, crib sheets, strollers, toys, backpacks, etc. can be dropped off at The Closet during our open hours.

 Donate by purchasing an item off of our [Amazon Wishlist](#).

 Designate Resources of Hope as your organization of choice on [Amazon Smile](#).

Online Financial Donations can be made by clicking [here](#)

Checks can also be made out and mailed to:

Resources of Hope

410 US 31 Suite R, Whiteland IN 46184



Corporate Sponsors

It is because of our generous corporate sponsors and individual donors that ROH is able to provide resources to the foster/kinship/safe families in Johnson and surrounding counties. If you are interested in learning more please email Heidi at: resourcesofhope317@gmail.com



Parent Resource Hub

Foster Family Care Corner

Don't feel called to Foster? There are still so many ways you can help foster/safe/kinship kids through helping their host family. Each month we will be highlighting one way.

Laundry

We all have it! We've all seen the amazingness of a laundry pile growing from nothing into a glorious and overwhelming mountain. Foster families are sometimes reluctant to ask for help. Instead of saying, "Is there anything I can do?" why not try, "Does Tuesday or Wednesday work best for me to come grab your laundry?" Offer to do a porch pick-up, that way they won't feel pressured for a visit if they are busy with kids or appointments. Foster families are helpers by nature. If we want to help them we need to make it easy for them to say YES, PLEASE!

Clothing Closet Hours:

Monday: 10:00 am - 6:00 pm

Tuesday: Closed

Wednesday: 10:00 am - 6:00 pm

Thursday: Closed

Friday: 10:00 am - 6:00 pm

Saturday: 1st Saturday of the Month 9:00 am- 12:00 pm



72 E. Jefferson Street, Franklin, IN 46131
317-739-4456

[ASSIST Indiana](#) works with individuals (ages 5 and up) who have been both directly and indirectly affected by sexual, domestic and physical violence in the community. They provide ongoing aftercare, therapy, counseling, community resource referral as well as crisis intervention, victim advocacy and case management services. All of the services are provided for FREE! Foster families, Assist could be a great resource to your family in providing counseling for secondary trauma. Did you know that secondary trauma is indirect exposure to trauma through a narrative of a traumatic event? Not only can foster parents be exposed to secondary trauma, sometimes biological children within the home may be exposed as well. Know that there are resources available for your family.

Empowered to Connect

The Empowered to Connect Conference features two days of practical teaching in a safe and supportive community as we work to equip families, churches, and professionals to better serve children impacted by adoption and foster care.

The conference content is beneficial for adoptive parents, foster parents, potential adoptive or foster parents, and professionals or ministry leaders serving children.

Session Topics:

TBRI Model (Trust-Based Relational Intervention™)

Understanding a child's history and the impact of trauma

How trauma affects children, including effects in their brain development, neurochemistry, sensory processing, attachment behaviors and ability to self-regulate

Foundations and strategies for behavioral change in the home and in the classroom

And much, much more!

Emmanuel Church: Banta Campus

6602 S. Harding, Street, Indianapolis, IN 46217

Friday & Saturday, April 5-6, 2019 from 10am - 6pm

\$10 per person (includes both days, workbook provided)

